

# WEEK 3

W/C: 02/05, 23/05, 20/06, 11/07,  
05/09, 26/09, 17/10

**Chartwells**  
So much more than Fantastic Food

# THREE WEEK MENU

SPRING/SUMMER 2022

£2.20

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

**Veggie Pasta Bolognese** 🍴  
Penne Pasta in a yummy tomato sauce

**Cheese and Tomato Pizza** 🍴  
Cheesy tomato topped pizza slice served with potato wedges

**Packed Lunch**  
With a choice of cheese, tuna and ham fillings.

**Jacket Potato** 🍟  
With a choice of fillings

Peas and Carrots

Oatie Biscuit with Fruit Slices 🍓

**Sweet and Sour Chicken with Rice** 🍴  
A tasty sweet and sour dish served with rice

**Macaroni Cheese** 🍴  
Cheesy macaroni pasta

**Packed Lunch**  
With a choice of cheese, tuna and ham fillings.

**Jacket Potato** 🍟  
With a choice of fillings

Sweetcorn and Broccoli

Flapjack with Fruit Slices 🍓

**Roast Gammon with Roast Potatoes and Gravy** 🍴  
Succulent roast gammon with fluffy roasties and tasty gravy

**Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy** 🍴  
A chunky butternut squash and potato pastry slice

**Packed Lunch**  
With a choice of cheese, tuna and ham fillings.

**Jacket Potato** 🍟  
With a choice of fillings

Carrots and Cabbage

Vanilla Ice Cream

**Beef Burrito** 🍴  
A soft wrap filled with fresh beef and rice

**Quorn Hot Dog with Potato Wedges** 🍴  
Our favourite veggie hot dog with ketchup served in a soft roll

**Packed Lunch**  
With a choice of cheese, tuna and ham fillings.

**Jacket Potato** 🍟  
With a choice of fillings

Green Beans and Sweetcorn

Chocolate Sponge Cake

**Golden Fish Fingers and Chips**  
Crispy fish fingers and scrummy chips

**Quorn Dippers and Chips** 🍴  
Crispy Quorn nuggets with their fave sauce - ketchup

**Packed Lunch**  
With a choice of cheese, tuna and ham fillings.

**Jacket Potato** 🍟  
With a choice of fillings

Baked Beans and Peas

Orange Jelly with Fruit Slices 🍓

# WEEK 1

W/C: 18/04, 09/05, 06/06, 27/06,  
18/07, 12/09, 03/10

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!
MONDAY	<b>Veggie Burrito</b> ♡ A soft wrap filled with lightly spiced veggies and rice  <b>Cheese and Tomato Pizza</b> ♡ Cheesy tomato topped pizza slice served with potato wedges	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Green Beans and Sweetcorn</b>	<b>Vanilla Ice Cream</b>
TUESDAY	<b>Allegra's Proper Chicken Pie with Mashed Potato</b> A delicious traditional chicken pie served with mashed potato  <b>Macaroni Cheese</b> ♡ Cheesy macaroni pasta	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Carrots and Peas</b>	<b>Secret Brownie</b>
WEDNESDAY	<b>Roast Turkey with Roast Potatoes &amp; Gravy</b> Succulent roast turkey with fluffy roasties and tasty gravy  <b>Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy</b> ♡ A chunky sweet potato and chickpea roast	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Carrots and Cabbage</b>	<b>Shortbread Biscuit with Fruit Slices</b>
THURSDAY	<b>Cottage Pie</b> ♡ A classic cottage pie with veg and gravy  <b>Butternut Squash and Tomato Bake with Rice</b> ♡ A delicious butternut squash and tomato bake served with rice	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Broccoli and Sweetcorn</b>	<b>Lemon Drizzle Cake</b>
FRIDAY	<b>Golden Fish Fingers and Chips</b> Crispy fish fingers and scrummy chips  <b>Quorn Dippers and Chips</b> ♡ Crispy Quorn nuggets with their fave sauce - ketchup	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> with Salmon Mayonnaise 🐟  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Baked Beans and Peas</b>	<b>Orange, Sultana &amp; Carrot Slice</b>

## PACKED LUNCH - AVAILABLE DAILY

WITH VEG STICKS AND FRESH FRUIT OR BANANA CAKE BAR OR DESSERT OF THE DAY

# WEEK 2

W/C: 25/04, 16/05, 13/06, 04/07,  
29/08, 19/09, 10/10

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!
MONDAY	<b>Mild Bean Chilli with Rice</b> ♡ A tasty bean, vegetable and tomato chilli served with rice  <b>Vegetable Supreme Pizza</b> ♡ Cheesy tomato pizza slice topped with sweetcorn and peppers served with potato wedges	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Carrots and Peas</b>	<b>Flapjack with Fruit Slices</b>
TUESDAY	<b>Pork Sausages and Mashed Potato with Gravy</b> Pork sausages with mashed potato and tasty gravy  <b>Veggie Lasagne served with a Garlic &amp; Herb bread wedge</b> ♡ Delicious sheets of pasta layered with veggies and tomato sauce	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Sweetcorn and Cabbage</b>	<b>Peach Shortbread Pudding</b>
WEDNESDAY	<b>Roast Chicken with Roast Potatoes &amp; Gravy</b> Succulent roast chicken with fluffy roasties and tasty gravy  <b>Creamy Vegetable Pie with Roast Potatoes and Gravy</b> ♡ Creamy vegetable pie with a cheesy shortcrust topper with fluffy roasties and tasty gravy	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Carrots and Cabbage</b>	<b>Vanilla Ice Cream</b>
THURSDAY	<b>Beef Bolognese</b> ♡ A classic Italian beef Bolognese in a yummy tomato sauce  <b>Mild Chickpea and Potato Curry</b> ♡ Served with wholemeal rice	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Green Beans and Sweetcorn</b>	<b>Carrot Cake with Citrus Frosting</b>
FRIDAY	<b>Battered Fish and Chips</b> Crispy fish fillet and scrummy chips  <b>Tomato Veggie Burger with Chips</b> ♡ Tomato veggie burger in a soft bap and scrummy chips	<b>Packed Lunch</b> With a choice of cheese, tuna and ham fillings.  <b>Jacket Potato</b> ♡ With a choice of fillings	<b>Baked Beans and Peas</b>	<b>Chocolate Shortbread</b>

## AVAILABLE EVERY DAY WATER, FRESHLY BAKED BREAD & FRESH FRUIT. YOGHURT AVAILABLE TUESDAY & THURSDAYS ONLY.

♡ Vegetarian   🐟 Oily fish   🌿 Wholegrain   🍏 Fruity!   ♡ Nutritionist's Choice